

Fitness Centre Committee
MINUTES
Monday, June 4th , 2018 at 6:00 PM

Attending: Angela Nicholson (Programmer), Mike Bradley, Andy Chan, Brad Kuong
Regrets: Emil Kash, Benny Mah Vanessa Tan
Chair: Vanessa **Recorder:** Angela

1a. Approval of the Minutes for the May 2018 Meeting: Moved: Mike Second: Angela

1b. Approval of the Agenda for the June 2018 Meeting: Moved: Brad Second: Mike

2. Programmer's Update:

Fitness centre needs a very thorough clean. Marlon has been asked to do up to 4-6 hours per week deep cleaning the equipment and hard to reach areas. The Fitness centre is looking much better.
A piece of equipment broke (carabiner) on the cable pull down causing the handle to fall striking a male gym user in the head. Injury was minor and the broken piece has been replaced.

3. Equipment Update:

- a. Assisted bands purchased

4. Finances:

- a. The FC May 2018 financials were circulated and discussed.
- b. The Bill back credit from Park Board is to be included quarterly in the FC financials as provided by Park Board.

5. New Business:

- a. Healthy Hearts YMCA has approached Thunderbird to enquire about a possible Healthy Hearts program. After a discussion it was decided we would offer the multipurpose room to them at a \$55 per hour room rental rate for 1.5 hours, 2 days a week. Angela emailed YMCA representative Peter Toppings TNA's response. Peter has proposed a \$50 per class rate indicating other municipalities charge far less (email from Peter is attached). Mike will present information to the Board and Angela will reply to Peter with the Board's response. The Board approved the \$50 per hour rate and a contract was drafted and sent to YMCA. YMCA has signed the contract back to Tbird after some minor edits.
- b. Meeting compensation. Fitness cmt members receive an ongoing monthly gym pass (\$25 per month value) after 3 consecutive meetings plus dinner is provided. Concerns have been raised regarding the dollar value of compensation for attending a 1 hour meeting once a month.
- c. Digital scale purchase request. Brad to research and report back next meeting.
- d. Spin bike purchase request. Discussed and denied.
- e. Meeting schedule and frequency discussed. With summer hours and Angela's summer schedule, Monday meetings may not work. With the centre closing at 7pm, the meeting will need to conclude by 6:45pm in order for the building to be locked and secured. Next meeting date was left undecided.

6. Adjournment:

Motion to Adjourn at 7:07pm Moved by: Mike Seconded by: Brad

Next meeting: TBA