

Fitness Centre Committee
MINUTES
Monday, April 9th, 2018 at 6:00 PM

Attending: Angela Nicholson (Programmer), Mike Bradley, , Benny Mah, Vanessa Tan, Andy Chan

Regrets: Jimmy Huynh, Emil Kash

Chair: Vanessa **Recorder:** Angela

1a. Approval of the Minutes for the March 2018 Meeting: Moved: Mike Second: Benny
1b. Approval of the Agenda for the March 2018 Meeting: Moved: Benny Second: Andy

2. Programmer's Update:

3. Equipment Update:

- a. Stereo replacement. A motion was passed to purchase a new stereo receiver having a power rating of 50 watts per channel, at a cost of up to \$250 including tax. The current stereo unit in the front office is making a mechanical noise and needs to be replaced. **This has been completed.**
- b. Brian reported that the Treadmill beside the Stairmaster is making a loud grumbling noise and as the speed increases the noise gets worse. Angela to have it checked next servicing visit which is due now.

4. Finances:

- a. The FC February 2018 financials were circulated on table and discussed.
- b. The Bill back credit from Park Board is to be included quarterly in the FC financials as provided by Park Board.
- c. A request was made that the previous year's Bill back credits be included in the FC financials for comparison. **This was added to the financials document.**

5. New Business:

- a. Healthy Hearts YMCA has approached Thunderbird to enquire about a possible Healthy Hearts program. After a discussion it was decided we would offer the multipurpose room to them at a \$55 per hour room rental rate for 1.5 hours, 2 days a week. Angela emailed YMCA representative Peter Toppings TNA's response. Peter has proposed a \$50 per class rate indicating other municipalities charge far less (email from Peter is attached). Mike will present information to the Board and Angela will reply to Peter with the Board's response.
- b. Purchase requests from Brian Tang:
 - Bumper plates – more information is required from Brian
 - Barbell Support Foam Roller – rejected on the basis that they are not essential and continuously go missing.
 - Assisted Bands – Angela to look where the previously purchased bands are and if unable to locate then will go ahead and purchase light to medium bands.
 - Dead lifting pads – Angela to check with Hastings to see whether they provide pads for dead lifting and to source out a vender and costs for replacing ours.

6. Adjournment:

Motion to Adjourn at 7:25 PM Moved by: Mike Seconded by: Vanessa

Next meeting: May 7th 2018.