

Fitness Centre Committee
MINUTES
Monday, March 5th, 2018 at 6:00 PM

Attending: Angela Nicholson (Programmer), Mike Bradley, Benny Mah, Vanessa Tan, Emil

Regrets: Jimmy Huynh,

Chair: Mike **Recorder:** Angela

1a. Approval of the Minutes for the February 2018 Meeting: Moved: Emil Second: Vanessa
1b. Approval of the Agenda for the March 2018 Meeting: Moved: Emil Second: Benny

2. Programmer's Update:

- a. Heart Beats was cancelled in January due to unreliable and inconsistent instruction. Participants continue to use the fitness centre by drop in or purchasing monthly passes.
- b. FITT started March 5th after a very lengthy planning and negotiating period. Christian will be the instructor for the class.

3. Equipment Update:

- a. We are waiting for the quotes for the mirrors to be replaced in the fitness centre
- b. It was suggested to get a quote to remove the broken mirror and paint the background to match the walls. Angela to get the quote.
- c. Wallet lockers are installed and ready for use. Only 1 lock reset key cam with the unit so Angela has ordered more,
- d. Brian tightened all the weights. Mike has requested that lock tight be used next time the weights are tightened.
- e. Black gorilla tape was purchased and used to cover the tears on the equipment. Gorilla tape seems to hold up better than the duct tape.
- f. Stereo replacement. A motion was put forward to purchase a new stereo to replace the one in the front office that is making a horrible noise. Motion was to purchase a new stereo up to \$250 including tax.

4. Finances:

- a. February 2018 financials discussed.
- b. Bill back to be included quarterly as provided by Park Board.
- c. A request was made that the previous year bill back be included on the financials.

5. New Business:

- a. FITT Heart contracted presented and signed.
- b. Healthy Hearts YMCA has approached thunderbird to enquire about a possible healthy hearts program. After a discussion it was decided we would offer the multipurpose room to them at a \$55 per hour room rental rate for 1.5 hours, 2 days a week. Angela will email YMCA (Peter Toppings) the response.
- c. Staff Fitness Centre usage policy. Mike clarified the TNA policy is any staff person may use the fitness centre at any time (during operating hours). A current staff is defined as someone who has a scheduled shift during the current season.

6. Adjournment:

Motion to Adjourn at 6:55 PM Moved by: Seconded by:

Next meeting: April 9th 2018.